



AN AWARD WINNING CHARITY SUPPORTING MUMS AND FAMILIES
AFFECTED BY PRE AND POSTNATAL DEPRESSION AND ANXIETY

HOW TO FIND US

3rd Floor, Plantsbrook House
94 The Parade, Royal Sutton Coldfield, B72 1PH
Phone: 0121 301 5990
Monday to Friday
9:30am - 3:00pm

3rd Floor, Plantsbrook House



what 3 words:
///wipe.curve.about

Deliveries

Access the building via Planstbrook House
Press the intercom - 3rd floor.

Heavy load deliveries can be made
via our loading bay via our basement entrance
with prior arrangement, please call
0121 301 5990

Parking

local pay and display
spaces near by

