

# Support is available

Support is available to all moms and expecting moms who are at school.

Contact me now to see how I can support you.

### HELPING YOU ACHIEVE

### **Audrey Wheeldon**

School Aged Parent Coordinator
Alternative Provision and Independent Education Service
Directorate for People

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## Are you at school?

Are you a mom or mom- to - be?





School Age Parent Support Team was created to help *you succeed* in education.

The team will help and support you with your day to day educational needs - ensuring that you can continue to enjoy and engage in education. We will also help by:

- Developing a tailor-made program which supports you within school and home.
- •Signposting to other agencies that can help you.

### School Aged Parent Coordinator can help you with the following things:

- How much time can you take off school when you have your baby? (maternity leave)
- What sort of things can your school do to help you?
- What will happen during exam times?
- What happens at the end of Y11?
- Need help to understand 'Who' is 'Who' and 'what' service does 'what'?

If you need help answering any of the above questions call me on the number below.

### **School Aged Parent Co-ordinator:**

Audrey Wheeldon on 0121 464 7221.

#### **Useful contact information:**

The following agencies will help and support you with clear advice during and after your pregnancy.

Gingerbread: Support for parents aged 16 – 17 with benefits.

**Details:** Free information on a range of issues including maintenance, benefits, tax credits, debt, employment, education, legal rights and holidays.

Open Mondays 10am to 6pm, Tuesday/Thursday/Friday 10am to 4pm and Wednesdays 10am-1pm and 5pm to 7pm

Free phone: 0808 8020925

URL: http://www.gingerbread.org.uk

Care To Learn – Accessing funding for childcare.

**Details:** Information on money you can get to help pay for childcare while you are at school or studying.

URL: www.gov.uk/care-to-learn

Pause – Drop in emotional health service at Digbeth

**Details:** Supports you in what you are thinking, feeling and what's going on in your life.

Address: 21 Digbeth, Birmingham, B5 6BJ.

Acacia – 5a Coleshill Street. B72 1SD

**Details:** Pre and postnatal depression support services

Contact details: 0121 301 5990