



EHSAAS Project



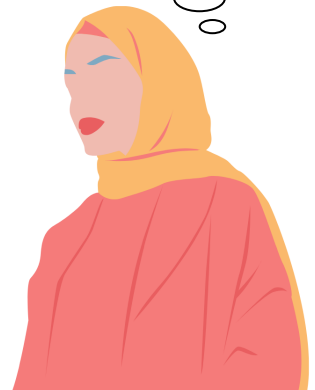
Perinatal Support for Pakistani Women

This service is for Pakistani women who require help and support accessing services during their pregnancy or beyond. Support can be provided and tailored to your needs. If you live in the surrounding areas of Hall Green, Hodge Hill, Perry Barr and Ladywood districts speak to us today.

I need more support in my pregnancy.

I would like some help with my new born.

I'm feeling anxious, who can help me?



We are culturally sensitive, speak the community language and understand barriers faced by Pakistani women. We provide tailored support through one-to-one help, sign-posting and peer support through our trained volunteers.

We aim to raise awareness and increase engagement of Pakistani women into perinatal services and mental health services. We aim to build a bridge between services.

For more information please contact:

Shameem Akhtar on **07929 664750**

email: sakhtar3@spurgeons.org

For REFFERALS ONLY, please email:

bchc.bfs.ehsaas@nhs.net

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